Accomplishment Report
Community Health and Wellness Training & Medical Mission
Palawan Site | September 7-9, 2026
(CCT Paglingap Foundation Inc.)

Site Overview

In the mountain community of Cacawitan, Palawan, access to healthcare can be a difficult journey. For families living far from health facilities, seeking a medical checkup often means traveling down the mountain, spending time and money they may not readily have, and leaving behind their daily responsibilities. For some parents, these challenges can mean postponing medical attention until it becomes necessary.

It was in this reality that CCT Paglingap Foundation, Inc., through its Pagsasanay Para sa Pamayanan (4Ps) and community medical mission, brought healthcare closer to the people, not only by providing medical services but also by empowering the community to become more capable of caring for its own.

Equipping the People Who Care for Our Children

As part of the initiative, 20 Community Health Volunteers were trained in Cacawitan, including teachers, parents, non-teaching staff of Visions of Hope Christian School (VOHCS), and other community members. The training recognized an important truth: caring for children's health is not the responsibility of healthcare professionals alone. It is also a shared responsibility of the people who are with them every day.

For VOHCS, the training was especially meaningful because teachers and non-teaching personnel are often among the first adults a child turns to when feeling unwell, sustaining an injury, or needing immediate assistance. By equipping them with basic health knowledge and first-aid skills, the initiative strengthened their readiness to respond more appropriately to children's health and safety needs.

The training also empowered parents to become more attentive and confident in caring for their children's well-being at home. With greater awareness of basic health practices and the importance of timely intervention, they are better equipped to recognize concerns, provide appropriate initial assistance, and seek further medical attention when necessary. The impact of the training goes beyond the classroom. It helps build a safer, more prepared, and more caring environment where children are surrounded by adults who are better equipped to protect their health and well-being.

Bringing Medical Care Within Reach

The medical mission in Palawan complemented the training by bringing essential healthcare services directly to the community. Through the initiative, 226 individuals received medical consultations, allowing children, parents, and other community members to access care without having to make the difficult journey down the mountain solely to seek a checkup.

For the parents, this was especially meaningful. They expressed appreciation for the opportunity to have their families checked within their own community, recognizing how difficult it can be to travel down the mountain to access healthcare.

What may seem like a routine medical consultation to others can be a significant opportunity for a family whose access to health services is limited by distance, transportation, and financial constraints.

By bringing medical professionals and services closer to them, the mission helped ease these barriers and gave families an opportunity to pay attention to health concerns that might otherwise have been delayed. It was not only about providing consultations; it was about making healthcare more accessible to people who need it. The mission also served as a tangible expression of compassion, one that met families where they were, acknowledged the challenges they faced, and reminded them that their health and well-being matter.

A Community Better Equipped to Care

Together, the 4Ps training and medical mission created an impact that extended beyond the number of participants trained and individuals consulted. The initiative brought together two important approaches to community health: providing care today while building the capacity to care for tomorrow.

The medical mission addressed immediate health needs, while the training invested in the people who will continue looking after children and families in their daily lives. The teachers, parents, and non-teaching staff of VOHCS are now better equipped with knowledge and skills they can apply within the school, at home, and in the wider community. This is particularly important in a geographically isolated setting, where timely access to professional medical care may not always be easy. While community-based training does not replace the need for healthcare professionals, it helps ensure that people are better prepared to provide appropriate initial assistance and recognize when further care is needed.

To our valued donor, thank you for making this work possible. Your support helped bring essential healthcare closer to families in Cacawitan and invested in the people who care for its children every day. Through your generosity, care was not simply delivered to the community, it was also cultivated within it. The impact of this initiative lives on in every teacher better prepared to assist a child, every parent more confident in caring for a family, and every community member equipped to extend a helping hand. Together, we are building a community where distance does not have to mean being forgotten, and where compassion becomes a shared responsibility.

Because when people are equipped to care, hope grows closer to home.

ANNEX A: Health Training





Along with receiving their Paglingap Health Kits, the participants recited their Oath of Commitment as Community Health Volunteers, affirming their dedication to serve and care for the health and well-being of their fellow community members.



Community Health Volunteers of VOHCS Palawan

Annex A: Training Sessions



















ANNEX B: Medical Mission/ Culminating Activity











Evangelism

